



Good Foot
Forward

Good Foot Forward Foot Care Clinic

Do you have diabetes or been diagnosed with poor blood flow to your feet?

Are you without access to foot care (you don't have private health insurance, or ability to pay for foot care privately)?

Foot care is important. Proper foot care can help prevent problems that could lead to the loss of parts of your legs or feet.

Problems with your feet can include things like:

- Rough spots on your skin (calluses)
- Not being able to feel your legs, feet, or toes
- Toenails that are not taken care of
- Pain in the legs, ankles or feet
- Sores that keep coming back or take a long time to heal
- Part of your toe or foot has already been removed

Call to book a foot care appointment at:
705-794-6023

Clinic Information

Mamaway Wiidokdaadwin

📍 125 Bell Farm Rd., Suite 200, Barrie

📅 Fridays
8:30 a.m. - 3 p.m.

Barrie Native Friendship Centre

📍 175 Bayfield St., Barrie

📅 Jan. 18, Feb. 15 & Mar. 21
1 - 4 p.m.

Barrie and Community Family Health Team

📍 370 Bayview Dr., 3rd Floor, Barrie

📅 Mondays & Tuesdays
8:30 a.m. - 3 p.m.

Gilbert Centre

📍 80 Bradford St., Suite 525, Barrie

📅 Jan. 25; Feb. 1, 8, 22 & 29
8:30 a.m. - 3 p.m.

This program is supported by funding from the Government of Ontario in partnership with:

